

Easy, On-Demand Doctor Visits in Minutes



ALLYHEALTH

**Visit a doctor or therapist online
at your convenience**

- **NO COST**, copays, deductibles, or per-call charges*
- Prescriptions called in to your local pharmacy
- Avoid germ-filled waiting rooms
- Fast and easy access by phone, app, or web, 24/7/365
- Plan covers the entire family
- Talk to our doctors by phone or secure video chat, on your schedule



AllyHealth Online Medical Services Include:

Telemedicine



Our network of doctors and pediatricians can diagnose, treat and prescribe for you and your family, 24/7 on your schedule. Anytime. Anywhere. With no consult fees!

Common conditions we treat:

- Acne
- Allergies
- Asthma
- Bronchitis
- Cellulitis
- Cold & Flu
- Sunburn
- Sore Throat
- Fever
- Gout
- Headache
- Infections
- Insect Bites
- Rashes
- Diarrhea
- Ear Infection
- Sinus Infection
- Constipation
- Skin Inflammations
- Urinary Tract Infection
- Joint Aches & Pains
- And more...

Mental Health



Connect with a licensed therapist, psychologist, or other behavioral health specialist from home, the office, or on the go via secure video. 100% private and confidential, with free visits included in your plan*!

Common conditions we treat:

- Addictions
- Bipolar Disorders
- Child and Adolescent Issues
- Depression
- Eating Disorders
- Grief and Loss
- Life Changes
- Men's Issues
- Panic Disorders
- Parenting Issues
- Postpartum Depression
- Relationship and Marriage Issues
- Stress
- Trauma and PTSD
- Women's Issues
- And more

Activate Your Account TODAY!

**YOU ARE
3 STEPS
AWAY!**

1

Activate Your Account

Online: activate.allyhealth.net
Phone: 888-565-3303 ext. 2

2

Complete Your Medical History

Simply complete your medical history during registration (by phone or online)

3

Request a Consultation

Online: member.allyhealth.net
Phone: 888-565-3303 ext. 1

FOR MORE INFORMATION: ☎ 888-565-3303

✉ support@allyhealth.net

💻 www.allyhealth.net

24/7/365 On-Demand Care. Anytime. Anywhere

THIS PLAN IS NOT INSURANCE and is not intended to replace insurance or a primary care physician relationship. Consultations with our doctors are \$0 (subject to usage limitations). Mental health visits include 3 clinical hours of talk therapy per family per year at no charge for individual plans, or up to 10 clinical hours of talk therapy per family per year at no charge for employer-paid plans. Additional visits may be available on a fee for service basis. If you have any questions about your plan or visit costs, please contact customer support at support@allyhealth.net.