Lewiston Independent School District #1

September 1, 2023 - August 31, 2024

Employee BENEFITS at-a-glance

Medical Plan Options:	Option 1		Option 2	
Idaho School Benefit Trust	Basic Plan \$1,500		Optional Plan \$3,000	
Network	Blue Cross of Idaho PPO		Blue Cross of Idaho PPO	
Deductible:	\$1,500 Individual		\$3,000 Individual	
The amount you owe for covered services before your health insurance begins to pay.	\$3,000 Family		\$6,000 Family	
Coinsurance: The percentage your insurance will pay after you meet your deductible.	Plan pays 70% / You pay 30%		Plan pays 70% / You pay 30%	
Out-of-Pocket Maximum:	\$5,500 Individual		\$5,500 Individual	
The maximum amount the member pays in a calendar year for in network covered services, which includes the Deductible, Coinsurance, & physician copays.	\$11,000 Family		\$11,000 Family	
Office Visit Copays: (Per Visit)	ChoiceDocs	All other PPO	ChoiceDocs	All other PPO
Primary Care Physician	\$0 Copay	\$20 Copay	\$0 Copay	\$20 Copay
Specialist	\$20 Copay	\$40 Copay	\$20 Copay	\$40 Copay
Preventive Care	Covered 100%		Covered 100%	
Diagnostic Laboratory & X-Ray	First \$100 covered in full, then Ded + Coins		First \$100 covered in full, then Ded+Coins	
Maternity	Ded+Coins		Ded+Coins	
Hospital (Inpatient / Outpatient)	Ded+Coins		Ded+Coins	
Prescription: (Six-Tier Formulary)				
Tier 1: Preferred Generic	\$10 Copay		\$10 Copay	
Tier 2: Non-Preferred Generic	\$20 Copay		\$20 Copay	
Brand Name Deductible Per Member:	\$250 Rx Deductible		\$250 Rx Deductible	
Tier 3: Preferred Brand-Name	\$30 copay after Rx Deductible		\$30 copay after Rx Deductible	
Tier 4: Non-Preferred Brand-Name	\$50 Copay after Rx Deductible		\$50 Copay after Rx Deductible	
Tier 5: Generic & Preferred Specialty	20% after Rx Deductible		20% after Rx Deductible	
Tier 6: Non-Preferred Specialty	30% after Rx Deductible		30% after Rx Deductible	
Rx Out-of-Pocket Maximum	\$1,000 Individual / \$2,000 Family		\$1,000 Individual / \$2,000 Family	

Dental Plan Options: (choose one)					
Delta Dental of Idaho		Dental Blue Connect (Willamette)			
Network	PPO / Premier	Network	Willamette Clinic Only		
Deductible	\$25 Ind. / \$75 Fam	Office Visit Copay	\$20 Copay Per Visit		
Annual Plan Maximum	\$1,250 / \$1,000	Annual Plan Maximum	None		
Preventive Services	100% / 80%	Exam/Cleaning/X- Rays/Sealants	Covered 100% after Office Visit Copay		
Basic Services	80% / 70%	Fillings / Simple Extractions	\$20 Copay		
Major Services	60% / 40%	Crowns/Bridge Root Canal	\$250 Copay (per tooth) \$100 - \$175 Copay		
Orthodontia	Discount program only	Surgical Extraction Complete Orthodontia	\$100 Copay \$2,000 Copay		

United Heritage Vision			
Network	VSP		
Eye Exam	\$10 Copay		
	Covered in full - every 12 months		
Materials	\$25 Copay		
Lenses	Covered in full - every 12 months		
	(Single, bifocal, trifocal)		
Frames	\$130 Allowance - every 24 months		
	\$70 Allowance (Costco, Walmart, Sam's Club)		
Contacts Lenses (instead of frames)	\$130 Allowance - every 12 months		

Employee Assistance Program (EAP)

Uprise Health In-Person Counseling

Up to **4** face-to-face sessions per issue / per member

Call Uprise Health for referral to local provider:

866.750.1327

Online Work/Life Resources: uprisehealth.com Access Code: ISD1