Welcome to Lewiston High School Senior Parent Information Night October 18, 2023



LHS Senior Awards 2023 https://youtu.be/uz-c-QMfQeM

Senior Information Night Agenda

- Welcome Remarks
- Counseling Center Staff Olivia Wilson, School Counselor
- Yearbook Information Davey Steele, Yearbook Advisor (not present)
- Graduation Caps, Gowns, and Announcements Jake Lee (not present)
- Senior Project Information Hilary G-L, Senior English Teacher
- Safe & Sober Amy Mader and Lainey Hill
- College Admissions Soo Lee Bruce-Smith, LCSC Admissions
- College Entrance Exams, Financial Aid, Scholarships, Deadlines Kaylin Roby, School
 Counselor
- Advanced Opportunities for your Senior, Upcoming Opportunities & the Revamped
 FAFSA— Sarah Willmore, College and Career Advisor
- Counseling Center Overview, Work after High School, the Military Option Leslie Halliday, School Counselor
- Encouragement for Seniors and their Parents & Best Ways to Stay in the Loop Christina Cahill, School Counselor
- Adjournment, Individual Questions

Your LHS Counseling Staff



Kaylin Roby Last Names: A-D



Christina Cahill Last Names: E-K



Olivia Wilson Last Names: L-R



Leslie Halliday Last Names: S-Z

Your LHS Counseling Support Staff



Sheila Hart Secretary



Kari Kerns Registrar



Sarah Willmore College and Career Advisor



Cynthia Nunez Social Worker



Katherine Whitlock Student Resource Officer

Yearbook

Buy Now Online: \$75

Price increase- October 1: \$80, another price increase in January

Senior Pictures, Ads, Quotes AND a baby picture

DUE: November 15

Yearbook Advisor: Davey Steele

Purchase yearbook: yearbookforever.com

Submit senior portrait: <u>yearbookforever.com</u>

- Registration pictures will be used if the deadline is missed.

Helpful LHS Website links:

https://www.lewistonschools.net/lhs/yearbook/

Caps & Gowns

- Order beginning November 2nd
 - ☐ Jake Lee will be meeting with all seniors on November 2nd at LHS
- December 15 Order Deadline
 - Ordering remains available until graduation, but added fees after December 15 deadline.
- Make checks out to Idaho Recognition Products including 6.0% tax.
- Order online at <u>www.directgrad.com</u>
- Email <u>office@directgrad.com</u>
- Phone 208-941-1602





Senior Passion Project

- > Due for ALL seniors by 3:00 on December 13, 2023
 - o Final project with all written components
 - physical product
 - o trifold

Evaluation for proficiency requires:

- the independent demonstration of the writing process and its components (including formatting, citations, mechanics, and content requirements)
- that all components of the Senior Passion Project earn proficient scores

What about non-proficiency?

• Any projects/components not submitted by the required dates or not deemed proficient will be subject to review and required revisions until proficient.







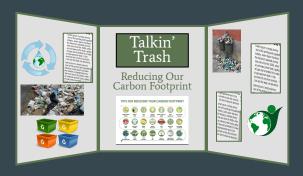


> Resource Requirements

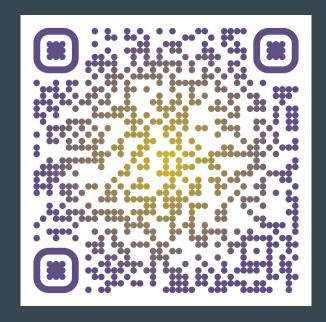
- A minimum of **FOUR** credible information sources must be used and cited within paragraphs; all sources included on Works Cited page
 - TWO from the databases on the LHS library website. Access codes are available **HERE**.
 - ONE is the expert interview
 - The final source, if not from the databases, will only be accepted if it has been **pre-approved by your** English teacher.

Structure & Formatting:

- MLA, double-spaced, 12 pt. Times New Roman font
- NO PERSONAL PRONOUNS
- The REQUIRED written components include:
 - An Abstract (150 250 words)
 - Three Informational Paragraphs (330 450 words each) each presents the research on one of your questions/subtopics and includes numerous pieces of properly cited evidence
 - A Rationale (150 250 words)
 - Works Cited Page must be properly formatted



- Project Tri-fold Presentation
 Board
 - Creative Title
 - NOT the topic, that can be included in the subtitle
 - Abstract
 - explains the research and purpose
 - Expert Interview Paragraphs
 - includes information, description, and appreciation
 - Infographic
 - must be printed & in color
 - Images/Graphics
 - 5 minimum
 - represents the research & content included on the tri-fold
 - anything from online must be cited



The "One-Stop Shop" LINK



Need info? Instructions? Help?
The "One-Stop Shop"
has everything Senior Passion Project!
Check it out!!

Project Presentation & Evaluation - January 10, 2024

Particulars

- set up immediately after school in assigned location
 - trifold
 - o physical product
 - project packets x 3 (written components w/ title page)
 - Chromebook (if needed)
 - notecards (if using)
- LHS teachers randomly assigned to evaluate using a common rubric
- interview attire dress to impress

Process

- introduction (self, title, topic, your why)
- briefly address without reading:
 - Abstract (& any images/graphics)
 - Expert (& any images/graphics)
 - Rationale (& any images/graphics)
- infographic
- physical product (share & explain)
- project packet (offer to judges)



Senior Party Information

What is Safe and Sober?

Safe and Sober is a Graduation Night Party put on by Parents of Seniors with the generous support of Senior Family Members and the Community held at the Fair Building. This party has been created all over the country in response to the yearly deaths caused by High School Seniors drinking and driving on the night of graduation. We put in a lot of hours and effort into making this night a fun event!

Contact information

If you are not getting emails from LHS Safe and Sober, please update your contact information or contact us at 20lhssafeandsober@gmail.com

Donate and/or Volunteer

To fund this huge event it takes a lot of time and money. A few hours of time and a few donations from a lot of Parents and Seniors will go a long way at making this night a fun night for our Seniors. Please join us at the monthly meeting held the second Wednesday of each month at Lewiston Community Center at 6pm.

Senior Party Information

Fundraising

Fundraisers we have planned for this year - If we have a lot of successful fundraising before Thanksgiving we can take advantage of Black Friday Sales and get more items for the seniors at the Party.

1. Current Raffles:

- African Safari Hunt -\$75/Ticket and selling only 250 tickets. Drawing will be when tickets are sold out or January 1, 2024.
- <u>Christmas 3K Shopping Spree</u> \$20/Ticket or 3 tickets for \$50. Drawing will be December 13 at the monthly meeting
- <u>Zags Game Raffle</u> \$50/Ticket and only 200 sold. Drawing will be November 19 at 3pm.
- 2. <u>Powder Puff</u> October 30 at Bengal Field

- 3. <u>Dominos Pizza</u> Donates 20% of profits on the following days: Nov 15, Jan 17, Mar 20, May 15
- 4. Winter Spirit at Locomotive Park (Sell hot cocoa, candy canes, etc)
- 5. Flocking Flamingos
- 6. <u>Jenewea</u>
- 7. Battle of the Moms
- 8. Calendar Raffle
- 9. Spring Cornhole Tournament
- 10. Concessions at home games

Please consider helping where you can.

Find information on Facebook and in your email inbox.** Facebook - Lewiston Safe-Sober Graduation

Admissions

Idaho Campus Choice
 Letters & postcards have hit mailboxes

- Apply Idaho opened October 2
- Admission Deadline Check out-of-state schools now!
- Test Scores

College Entrance Exams

- Admission
 - Combination of Test Scores and GPA (sometimes)
- Placement in College Classes
- □ Scholarships
 - Next SAT Test Date December 2
 - Register by November 2 at www.collegeboard.com/sat (log into your account)
 - □ Following SAT Dates: March 9, May 4, June 1
 - Option to take the ACT (register at <u>www.actstudent.org</u>)
 - Scores will be on transcripts (but they aren't yet)
 - Some schools require official reports sent by student through Collegeboard

Main Sources of College Financial Aid

- 1. Federal aid FAFSA (loans, grants, work study)
- 2. Scholarships local, state, and national
- 3. University/College Scholarships

Scholarships – Local, State, National

Local:

- Bengal Green Updated monthly beginning December. Emailed to students and parents
- Take advantage of scholarships: elementary school, junior highs, businesses, church, and various clubs and civic organizations. All scholarship dollars add up.

State:

Idaho State Board of Education Scholarships: https://boardofed.idaho.gov/scholarships/

National:

Check with your counselor for a list
 Websites like scholarship.com, fastweb, scholarshipjunkies,
 collegeboard, etc

College or University Scholarships

Each College/University has their own scholarship application process and deadline.

- Visit with college representatives at LHS
- Visit each of these offices on campus & connect with them:
 - Financial aid office
 - Admissions
 - Program of study
 - Student services
 - Representatives of these offices often make scholarship decisions!

Additional Scholarship Tips

- Resume
 - List goals/objectives
 - Have someone who knows you well look over to make sure nothing is missing.
- Apply for scholarships outside your range of interest.
 Sometimes there are very few applicants.
- Be aware of deadlines.
- Keep a copy and date of scholarships submitted.
- Letters of Recommendation
 - Ask at least two weeks prior to the deadline
 - Different sources
 - Send a thank you

Advanced Opportunities



Sarah Willmore, College and Career Advisor

One on one advising available

Help with FAFSA, scholarships, resume building, Career Assessments, Job applications, college/career events, College Visits and applications, Dual Credit, Military, food pantry, post-secondary and career planning & more!

Advanced Opportunities state program allocates \$4,125 for each student grades 7-12th:

- Dual credit courses (up to \$75 per credit)
- ♦ Advanced Placement (AP) exams
- Overload courses (up to \$225) *Anything over your 8 credit load at the HS
- ♦ Workforce Training Courses (up to \$500 per course)
- Professional Certification exams (CNA) (Pharm Tech)



Dual Credit - \$75/credit when taken at LHS or LCSC. Anything taken at LCSC online/On-campus are responsible for books, lab & course fees.

- Student is responsible for anything above \$4,125.
- Risks Advanced Opp funding frozen, GPA (Math 147), future financial aid in college

Advanced Opp. Participation form is required to be completed prior to participation in the Advanced Opportunities program!

2023-2024 - Dual Credit

| Dept | Course | Section | College Title (LHS Title) | Credits | Teacher | Year/Sem Offered | |
|-------|--------|---------|--|---------|--------------------|--------------------------|---|
| AC | 231 | HS2L1 | Principles of Accounting I (Advanced Accounting) | 3 | John Potter | Spring | |
| ACCPT | 101 | HS2L1 | Basic Accounting | 3 | John Potter | Full Year | |
| BUS | 101 | HS2L1 | Introduction to Business (B.Ownership) | 3 | John Potter | Full Year | |
| ECON | 202 | HS2L1 | Principles of Microeconomics (Micro Econ) | 3 | William Autrey | Spring | |
| AHLTH | 130 | HS2L1 | Introduction to Allied Health (Health Occupations) | 2 | Debbie Wassmuth | Fall and Spring | |
| MEDPT | 173 | HS2L1 | Medical Terminology | 3 | Debbie Wassmuth | Spring | |
| ART | 100 | HS2L1 | Introduction to Art (Advanced Art) | 3 | Christopher Farnes | Full Year | |
| ENGL | 101 | HS2L1 | Writing and Rhetoric I (AP Lang & Composition) | 3 | Jamie Bakker | Full Year | |
| ENGL | 175 | HS2L1 | Literature and Ideas (AP Lit & Composition) | 3 | Jacob Dyer | Full Year | |
| SPAN | 202 | HS2L1 | Intermediate Spanish II (Span 4) | 4 | Charity Egland | Full Year | |
| BIOL | 100 | HS2L1 | Concepts of Biology (Honors Biology) | 4 | Tom Leachman | Full Year | |
| BIOL | 175 | HS2L1 | Human Biology (Anatomy) | 4 | Tom Leachman | Full Year | |
| CS | 108 | HS2L1 | Introduction to Computer Science | 4 | Cyrinia Lockart | Full Year | |
| FSCI | 101 | HS2L1 | Introduction to Forensic Science | 4 | Amy Augenstein | Full Year | |
| GEOL | 101 | HS2L1 | Physical Geology (Geology) | 4 | Jeff Karlin | Full Year | |
| PHYS | 205 | HS2L1 | Descriptive Astronomy (Astronomy) | 4 | Jeff Karlin | Full Year | |
| HIST | 112 | HS2L1 | United States History II (AP US History) | 3 | Scout Larson | Full Year | |
| POLS | 101 | HS2L1 | American National Government (AP US Gov.) | 3 | Crystal Kirk | Full Year | |
| PSYC | 101 | HS2L2 | Introduction to General Psychology (Psych) | 3 | Jordan Lockard | Full Year | |
| PSYC | 101 | HS2L1 | Introduction to General Psychology (Psych) | 3 | Michael Jones | Full Year | |
| MATH | 147 | HS2L1 | College Algebra & Trigonometry (Math 147-Pre-Calc.) | 5 | Brent Jacobs | Full Year | |
| MATH | 153 | HS2L1 | Statistical Reasoning (Prob & Stats) | 3 | Brent Jacobs | Full Year | |
| ENGTE | 125 | HS2L1 | 3D Cad Modeling (Pre-Engineering 1 - PE1) | 3 | Terri Varnado | Full Year | |
| AMFTI | 290 | HS2L1 | DS:Automated Manuf. Tech (Pre-Engineering 2 - PE2) | 3 | Terri Varnado | Full Year | |
| ENGTE | 107 | HS2L1 | Engineering Tech Disciplines (Pre-Engineering 3 - PE3) | 3 | Terri Varnado | Full Year | |
| AHLTH | 139 | HS2L1 | Nursing Assistant (C.N.A) | 3 | Debbie Wassmuth | F <mark>u</mark> ll Year | C |
| AHLTH | 190 | HS2L1 | DS:Allied Health (C.N.A Clinlicals) | 1 | Debbie Wassmuth | Spring | |

FA23 Dates
Registration:
Sep. 15th 2023

Due to Turn in: Sep. 22nd 2023

<u>Drop Date:</u> **Nov. 10th 2023**

Withdrawal Date: Jan 5th SL May 31st YR.

SP24 Dates
Registration:

Feb. 15th 2024

Due to Turn in: Feb. 23rd 2024

Drop Date: May 10th 2024

Withdrawal Date: May 31st 2024

Over 90 College Credits Offered



- □ REVAMPED FAFSA
- Used to qualify for work study, grants, and loans
- Create a FSA ID, this fall (both student and parents) minimum 1
 Week Prior to starting application.
- Complete as soon as you can after December. Once Application has started you have a 45 day completion requirement. Can use DDX (Direct Data Exchange)
- □ <u>www.studentaid.gov</u> (NEVER PAY FOR FAFSA)

Upcoming Opportunities

Scholarship Nights

Students can come and spend time working on scholarships, work on a resume, get your transcripts submitted and more etc.

Evening Opportunity Dates:

December 13th January 18th February 7th

5:00 - 8:00pm (Library)

Watch for Bengal Green (Scholarship list) in December

Other Events Planned for Seniors

College Application Week

Oct. 23-27th

Gov. Class Presentations

Federal Student Aid

Free Application for Federal Student Aid (FAFSA) Workshops

NEW FAFSA - Coming in December - FAFSA, Parents and students can have support in navigating the new FAFSA process.

Evening Opportunity Dates:

December 5th January 10th

February 21st

5:00 - 8:00pm (Library)

College Rep Visit to LHS

College Fair Night Oct. 26th

> 6-8pm Common's

Idaho, Washington, Montana Schools
Arizona, Oregon & More Schools
Military
Various Businesses
Stay Updated:
Check Google Classroom Class of 2024
CLASSROOM CODE: tirisw4

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Bengal Updates

Remind Messages

Sign up for a slot in Counseling Center

Career Fair Night Feb. 28th

6-8pm DeAtley Center

Counseling Center Overview

https://www.lewistonschools.net/lhs/counseling-and-career-center/



JOBSCAPE — a Career Search Tool

Explore Idaho's landscape of opportunity and growth.

JobScape is an easy-to-use tool to help job seekers and students make informed career and educational decisions through access to education, career and labor market information specific to Idaho.

You don't need an account, there's no log-in, just go to: https://labor.idaho.gov/JobScape/

Come to the Idaho Department of Labor if you want help to:

- Find a job
- Connect to Apprenticeships or other on-the-job learning opportunities
- Assist with short term training programs

Idaho Department of Labor 1158 Idaho Street / Lewiston, ID 83544

The Military Option











Tips for Parents of High School Students

- Check Powerschool (but not every day)
- Model a healthy lifestyle
 - ☐ Sleep, eating, limit technology, exercise
- Limit social media and monitor it
 - Encourage student to put their phone up at night
- Talk about future plans, share your journey
- Communicate with teacher directly with any concerns about a particular class
- Help them problem solve but don't solve their problems for them
- Ask your student to show you Google Classroom and explain how it works
- Encourage resilience and working through challenges-Your kids can do hard things!
- Come to school consistently, check email

Encouragement for Seniors and Parents

- Always stay flexible
 - Plan A and B
 - It's not wrong to change your mind
 - ☐ Know your options
 - ☐ Be realistic but positive

Best Ways to Stay in the Loop

- Watch the LHS Bulletin on youtube. *LHS Bengals, Bengal Update
- Join the Counseling Center Facebook group
 - □ Lewiston High School Counseling Center
- Join the Senior Google Classroom
 - □ Class Code: tirisw4
- Senior Remind Group
 - □ @ee3329c

Keep yourself and others safe. Use **SEE TELL NOW** to tell teachers and other adults about bullying you see at school.

REPORT A TIP

seetellnow.org

CALL 888-593-2835







When you see something, tell someone, naw!

IN AN EMERGENCY WHEN YOU HEAR IT. DO IT.

LOCKOUT! Get inside. Lock outside doors. STUDENTS **TEACHER**

Return inside Business as usual Bring everyone indoors Lock outside doors Increase situational awareness Business as usual



LOCKDOWN! Locks, lights, out of sight. STUDENTS TEACHER

Move away from sight Maintain silence Do not open the door Lock interior doors Turn out the lights Move away from sight Do not open the door Maintain silence Take attendance

Take attendance



EVACUATE! To the announced location. **TEACHER** STUDENTS

Bring your phone Leave your stuff behind Follow instructions

Lead evacuation to location Take attendance Notify if missing, extra or injured students



SHELTER! Hazard and safety strategy. **TEACHER** STUDENTS

Hazard Tornado

Safety Strategy Evacuate to shelter area Seal the room Hazmat

Earthquake Drop, cover and hold Get to high ground Tsunami

Lead safety strategy Take attendance



HOLD! In your classroom. Clear the halls. TEACHER STUDENTS

Remain in the classroom until the "All Clear" is announced

Close and lock classroom door Business as usual Take attendance





Contacts

- **Karen Kerns**, Registrar (For Transcript Requests)
 - □ <u>kkerns@lewistonschools.net</u>, 208-748-3117
- Hilary G-L, Senior Project
 - ☐ HGruehlLaughrey@lewistonschools.net
- , Senior Party Representative
 - □ 20lhssafeandsober@gmail.com
- Jake Lee, Idaho Recognition (Caps & Gowns)
 - □ <u>office@idgrad.com</u>
- Soo Lee Bruce-Smith, LCSC Admissions
 - □ <u>SLBruce@lcsc.edu</u>
- **Davey Steele**, Yearbook
 - gsteele@lewistonschools.net 208-748-3918

Thank you for attending or viewing our Senior Parent Presentation!

