

Parents/Guardians of student athletes planning on participating and/or trying out for spring sports at Lewiston High School this 2020-21 spring season:

This letter is intended to inform you of our start dates and times of the various sports we offer, as well as provide you the information necessary to register and be eligible for the start of practice and competition. We are unable, at this time, to conduct our typical fall sports parent night/event. I will include coaches' contact emails if there are questions after reading this.

We look forward to the start of this season. We understand the challenges we have in place and are continuously working through these challenges to ensure that we provide the student athletes the opportunity to compete while still maintaining their safety and the safety of all of those involved.

Please understand that schedules are subject to change. You can access these schedules on the Lewiston HS website under athletics and athletic schedules. Please continue to access, as there may exist changes on a somewhat consistent basis, as we navigate forward. We, as an athletic department, will continue to pursue opportunities to fill in scheduling gaps where they exist.

## **REGISTRATION / PAPERWORK REQUIREMENTS FOR FALL SPORTS:**

Paperwork requirements:

1. **Valid physical:** Athletes grade 7, 9, 11 require an updated physical dated after May 1, 2020. Athletes grade 8, 10 and 12, who did not compete in a sport within Lewiston School District last year (2019-20), will also be required to have an updated physical. Physical forms can be accessed and printed off via our LHS website, under "athletics" and "athletic forms".

*\*\* If you participated in a fall or winter sport, you should have a physical on file already.*

2. **Questionnaire / Concussion Guidelines:** These documents can be accessed and completed online using our online registration process: **Dragonfly**. The instructions for accessing and utilizing Dragonfly are posted on our athletic website under athletic forms. You can also click on the link below for a parent guide to signing up via Dragonfly. The Questionnaire and Concussion Guidelines forms are required of all athletes.

*\*\* If you participated in a fall or winter sport, you should have Questionnaire/Concussion information on file already.*

<https://dragonflyathletics.acemlna.com/lt.php?s=5050d23ffef6d6c0be7dd7b7e9d0c405&i=123A601A18A980>>

*\*\* The COVID-19 Questionnaire is optional. Please understand that at any point of the season, athletes may be asked these questions if deemed necessary.*

*\*\* Dragonfly has the capability for parents to upload their physical and insurance information w/in the site. If you download a copy of the physical, please make sure to include both sides of the physical form. You can also hand deliver the physical form to the sport specific coaching staff.*

3. **Pay to Participate Form:** This form and payment will be due immediately in the following activities: Track and Field, Tennis

Payment will be due after the announcement of teams (completion of tryouts), within the following sports: Softball, Baseball, Boys and Girls Golf

*\*\* Please submit payment, attached to complete form, to the head coach. Pay to Participate forms can be printed off the LHS website under athletics and athletic forms.*

*\*\* If pay to participate fees are problematic or an issue for parents/guardians, please communicate this with myself and/or the head coach involved within the specific sport.*

***\*\* Updated Physicals and the completion of the online Questionnaire and Concussion Guidelines are required prior to any participation. If not completed prior to the first day, athletes will be deemed ineligible to participate until completion of required materials.***

#### **ACADEMIC REQUIREMENTS:**

**Grades 9 – 12 Need to have achieved credit in at least 6 of the 8 credits offered, this past semester.**

*\*\* Questions regarding academic eligibility? Email me the name and grade of the athlete and we will double check on our end.*

## **ATHLETIC HANDBOOK / CODE of CONDUCT:**

The Lewiston School District "Athletic Handbook" can be found on the LHS website under "Athletics".

Starting February 26, all spring sport athletes participating and/or trying out will be subject to the Lewiston School District Athletic Code. This includes the code of conduct as it pertains to tobacco and the drug-alcohol policy within.

## **COVID 19 PROTOCOL:**

All school districts throughout the State of Idaho have been given the task of creating an "Activities/Extra-Curricular Protocol as it pertains to COVID-19. This protocol is (and will be) determined with the guidance of our local health department.

The protocol will include:

- Event and site specific protocol. You can find Lewiston HS site protocol on LHS website under athletics. We will post protocol for opponent sites on same website.
- We ask students and athletes, if they feel ill in any way to stay home. This includes practice or extracurricular as well.
- Coaches will wear masks at practice and during contests.
- Athletes and Coaches are required to wear masks on buses.

## **Spring Sport Start Dates:**

Baseball, Softball, Track and Tennis = Friday, February 26

Boys and Girls Golf = Monday, March 1

## **Head Coaches and Contact Info:**

**Baseball:** Davey Steele [gsteel@lewistonschools.net](mailto:gsteel@lewistonschools.net)

**Softball:** Kristin Delp [kdelp@lewistonschools.net](mailto:kdelp@lewistonschools.net)

**Track and Field:** Keith Stuffle [kstuffle@lewistonschools.net](mailto:kstuffle@lewistonschools.net)

**Tennis:** Sandi Stocks [sstocks@lewistonschools.net](mailto:sstocks@lewistonschools.net)

**Boys Golf:** Shawn Nilsson [snilsson@lewistonschools.net](mailto:snilsson@lewistonschools.net)

**Girls Golf:** Greg MacMillan [gmacmillan@lewistonschools.net](mailto:gmacmillan@lewistonschools.net)