Grade: 1st Week: May 4-8

Choose **TWO** activities per day to complete. Check off each activity once you have completed it.

When you have completed a task, send a picture to your teacher.

Math	Science/Social Studies	Writing Remember to write using complete thoughts. Include capitals and punctuation.
Get a deck of Cards and Play Tens Go Fish and Practice your 10 Facts Take out the Kings and Queens and Jokers. The Jack is the 0 in the 0+10 fact. Deal out 7 cards per player just like Go Fish, only to make a match you have to make a 10 Fact! If you have a 3 you ask for 7, 2 ask for 8, Jack asks for 10, Ace asks for 9 etc. Here is a Cheat sheet if you need it: http://www.kidscount1234.com/mathcards.pdf Go On a Place Value Scavenger Hunt Grab junk mail, grocery ads or the newspaper. • Find a number with a 2 in the tens place • Find a number with a 6 in the ones place • Find a number with a 9 in the ones place • Find a number with a 3 in the tens place	All animals are built in a way to help them survive. Brainstorm a list of animals and try to identify at least one feature of the animal that helps it survive (a turtle has a hard shell). How do humans imitate that same type of survival feature? (A bike helmet is similar to a turtle's shell). Pick two animals and draw pictures of your comparisons. Go outside. Look around and see what you notice about objects and their shadows. Make a drawing of your shadow or another object's shadow. Go outside to the same spot later in the day. What do you notice now? How did the shadows change? Draw another picture of the shadow you see. Compare the two pictures, How did the sun moving in the sky change the shadows? Note: if you can't go outside, look out a window for this activity.	Pick a small moment and elaborate. Use your 5 senses (see, smell, taste, hear, feel) to give specific details. Bring your story to life. Include who, what, where, when and how you felt. In your writing, make sure you: • Make a beginning for your story • Tell what happened, in order • Use details to help readers picture your story • Make an ending for your story Write an Opinion piece about which is better riding your bike or going swimming. • State your opinion • Give 3 reasons why it is better • End with restating your opinion in a different way
Take turns rolling 2 dice with a partner. Add the dice together. Write the addition sentence on a whiteboard or scratch paper. If the sum is bigger than your partner's, you get to circle it and win	Research two American symbols, draw a picture of the symbol, and write three interesting facts about the symbol. (example: bald eagle, American	Write a Nonfiction piece that will teach the Kindergartners all about First Grade. In your writing, make sure you: • Introduce your topic

that round. Whoever has the most circles when they're done wins. :) It's great to have students keep score on the side with tallies which is great real world tally practice as well! Do 10 rounds! A challenge would be to roll 3 dice!

Flag, Liberty Bell, Statue of Liberty, Mount Rushmore, etc.).

- Include several sentences that tell facts about what First Graders do. (Reading, Writing, PE, Music, Math, Science, Social Studies)
- Write an ending

Reading

Read a book of choice each day for 30 minutes.

--OR--

Work on iStation Reading each day for 15 minutes.

PE

Please choose a minimum of 3 exercises each day and then go outside for 30 minutes a day because most of us know that when you go outside you will naturally be active! :-)

JUST PLAY OUTSIDE Hide and seek, tag, hopscotch, hula hoop, pogo stick. It's up to you!	BRIDGE POSE Lie on your back, place your hands and feet on the ground. Push your stomach up towards the sky.	PLAY CATCH! Grab any kind of ball and play catch with a family member for 30 minutes. Keep your eyes on the ball and catch it with your hands, not your body.
LIMBO Grab a broomstick and have 2 people hold it. Take turns going under the stick arching backwards. Lower the stick after each successful pass. How low can you go?	SIDEWALK LINES BALANCE Walk along the lines, one foot in front of the other, balancing on the sidewalk for 30 minutes.	WILD ARMS As fast as you can complete: 10 arm circles front and back. 10 forward punches. 10 raise the roofs. Repeat 3 times.
TOE FENCING With a partner, hold each other's shoulders. Try to tap the other person's toe without having yours tapped.	JUMP, JUMP Jump side to side over an object or line for 1 minute straight. Go again but jump front to back. Repeat each jump twice	CRANE POSE A challenge: put your hands on the ground, lean forward and balance your knees on your elbows. How long can you balance?
I, SPY WALK Go for a walk with family while playing a game of I, Spy.	Put your favorite song on and make up a dance or fitness routine!	SQUAT POSE Hold the squat pose for 30 seconds and repeat.
CRAWL LIKE A SEAL Lie on your stomach, arms straight out front. Use your arms to pull your lower body along keeping your legs and back straight.	4 WALLS Face each wall in a room and do a different exercise for one minute each. Side shuffle. Grapevine to left then right. Wide stance punches. Vertical jumps.	GO OUTSIDE for a half hour without a deviceyou will naturally be active.

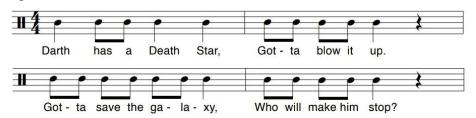
Choice 1:

Clap and chant the rhythms of these Star Wars characters.



Music: May the Fourth Be With You

Write your own Star Wars themed phrase (musical sentence) using the above names. Write out the rhythms that go with the names as well. See the example below.



Choice 2:

Clap along to the Star Wars rhythms using the link below.

https://www.youtube.com/watch?v=KE9Famkycrk